

POWERLIFTING 2018-2019

DATE	LOCATION	BOYS	GIRLS	SCHEDULE
1/12/2019	PANHANDLE POWERLIFTING MEET	X	X	Weigh-in 6:30-8am, squat 9-11am, Bench 11am-1pm, Deadlift 2-4pm
1/19/2019	CHILDRESS POWERLIFTING MEET	X	X	
2/2/2019	PERRYTON POWERLIFTING MEET	X	X	
2/9/2019	FRIONA POWERLIFTING MEET	X	X	Weigh-in 6:30-8am, squat 9-11am, Bench 11am-1pm, Deadlift 2-3:30pm
2/14/2019	BORGER POWERLIFTING MEET	X	X	

Powerlifting Coach
 Coach Morales
 Coach Coker

Athletic Director
 Coach Young