

**Canadian High School Track Meet
Saturday March 25th**

Scratch Meeting 8:00-8:45

9:00

3200 M RUN **FINAL (All Divisions)**

10:00 RUNNING PRELIMS

- 400 M Relay
- 100 M Hurdles Girls Divisions
- 110 M Hurdles Boy Divisions
- 100 M Dash
- 400 M Dash
- 300 M Hurdles
- 200 M Dash

FIELD EVENTS – Will start at 11:30 or as soon as running prelims are finished

3 attempts then top 7 to finals

	<u>JV BOYS</u>	<u>VARSITY BOYS</u>	<u>VARSITY GIRLS</u>
<u>11:30</u>	POLE VAULT	SHOT	DISCUS
	LONG JUMP	HIGH JUMP	TRIPLE JUMP
<u>12:15</u>	DISCUS	POLE VAULT	SHOT
	HIGH JUMP	TRIPLE JUMP	LONG JUMP
<u>1:00</u>	TRIPLE JUMP	LONG JUMP	HIGH JUMP
	SHOT	DISCUS	POLE VAULT

RUNNING FINALS – 2:30 or 30 minutes after the field events are completed

- 400 M Relay
- 800 M Run
- 100 M Hurdles Girls Divisions
- 110 M Hurdles Boy Divisions
- 100 M Dash
- 800 M Relay
- 400 M Dash
- 300 M Hurdles
- 200 M Dash
- 1600 M Run
- 1600 Relay